

Extract of York Health and Care Partnership and Joint Forward Plan (May 2024)

Delivery against priorities in 2023/2024

Develop a partnership based, inclusive model for children, young people, and families

The aim of this priority is to ensure that children are at the centre of our city life, and work is done in partnership to raise a healthy generation of children.

What we said we would deliver	What we have delivered in 2023/24
<p>Embed prevention and early intervention models through an integrated offer across the system for children and young people</p>	<p>Children and Young People (CYP) plan developed by City of York Council (CYC) with health input from CYP quality lead and CYP Mental Health commissioner.</p> <p>Family Hubs implementation commenced, and proposal being submitted for health inequalities funding to support a health practitioner role within family hubs.</p> <p>System wide communication and input into the ICB wide Healthier Together webpage/resources including locally produced resources for professionals working with children and young people and parents/carers</p> <p>Development of the Yormind mental health website for young people to include a new series of chat chat mental health podcasts which are coproduced with young people.</p> <p>Development of the new YorChoice Mental Health Drop In for young people aged 14 – 21 (up to 25 if have SEND) which runs twice a week across the city by York Mind</p> <p>Integrated Bowel and Bladder workshops for CYP co- designed and co-delivered by Healthy child service and specialist Bowel and bladder nurses.</p> <p>Recommissioned initial health assessments (IHA) for CYP who are looked after to improve timeliness of assessments.</p> <p>Commissioned a second school Mental Health Support Team (Well-Being in Mind) delivered by TEWV.</p> <p>Jointly recommissioned the School Well-Being Service across all York state schools.</p> <p>Baby Friendly Initiative (BFI) funding from York’s health inequalities funding led by Public Health – infant feeding lead appointed, and plan being developed to achieve BFI status in city.</p>

Tackle health inequalities using the CORE20PLUS5 approach

Early talk for York and More talk for York approach to identifying speech language and communication needs in children and young people.

Developing resources to support 'Waiting Well' approach for CYP who are waiting on Speech and Language Therapy (SaLT) or Occupational Therapy (OT) waiting lists.

Developed an integrated model of residential and edge of care support for young people who have or at risk of developing complex care and health needs. This 'Together We Can' service is based on a 'no wrong door approach' and benefits from jointly funded and commissioned clinical psychologist and speech and language therapist.

Special educational needs and disability (SEND) operational plan coproduced and implemented by partners and stakeholders across the city.

Consultations developed and coproduced with CYP on:

- Improving access to mental health support for CYP across Humber and North Yorkshire
- Improving support for CYP admitted to acute paediatrics for mental health issues
- Improving outcomes recording in CAMHS

These consultations produced 50 recommendations currently being implemented at place through the Nothing About Us Without Us CYP Advisory group including improving mental health support for neurodiverse children and young people, LGBT young people and minoritized ethnic children and young people

CYP Health inequalities delivered to primary care protected learning time.

Childrens Alliance and Transformation work:

- Asthma-Risk stratification undertaken by ICB CYP asthma team with primary care to identify those CYP locally who need review due to number of short acting beta-agonists, useful medications for supporting people with asthma.
- Primary care records and community diagnostics to be used to support diagnosis of CYP with likely asthma but no formal diagnosis yet.
- Asthma friendly schools post funded by York's health inequalities money- post currently out to advert with York & Scarborough Teaching Hospitals

Work across the partnership on models of care, for example establishing a primary care led model for Children and Young People's Mental Health with Nimbuscare, Tees, Esk and Wear Valley and the York & Scarborough Teaching Hospitals Foundation Trust, and the development of family hubs.

Foundation Trust.

- Epilepsy Mental health screening and psychology intervention pilot locally.

School attendance support worker jointly commissioned by York Place and CYC.

Family Support Worker jointly commissioned by York Place and CYC to work with children with most complex autism presentations and their families.

Joint Forward Plan Priorities for 2024/2025

What will we deliver?	How will we deliver this in 2024/25?
<p>Support for our schools to support CYP with Asthma to fully participate in school life and manage symptoms to ensure CYP can achieve optimal outcomes</p>	<p>Commissioned Asthma Friendly School (AFS) project nurse to work in partnership with CYC LA and Multi Academy Trusts to become accredited as AFS.</p>
<p>Continue to develop the integrated offer for support to children who experience difficulties with bowel and bladder function</p>	<p>Develop additional workshops and targeted support for CYP with additional needs or who are neurodiverse and need more bespoke advice and support.</p> <p>Continue to work with colleagues in primary care and healthy child service to ensure they have the right knowledge and support to deliver the Tier 1 level of advice and support in the community.</p>
<p>Review of commissioning arrangements for Speech and Language Therapy services (SaLT) and consideration of joint commissioning possibilities to ensure Speech, language and communication needs (SLCN) of CYP are supported throughout childhood and assessment and intervention is undertaken using the iThrive approach – ensuring all workforce and community can support children with their SLCN</p> <p>Early Talk for York approach to reducing SLCN disadvantage that is experienced by children living in areas of deprivation. This could be upscaled and its reach extended if additional funding agreed by system partners.</p>	<p>Review current arrangements for SaLT commissioning which is majority NHS commissioned including service specification for NHS SaLT and consider potential for joint commissioning between LA/education/settings and NHS.</p> <p>Work with partners to agree a model for joint commissioning of SaLT services that will meet local needs.</p> <p>Health inequalities funding being utilised to develop universal resources for speech and language support.</p> <p>NHS SaLT service transformation to continue including the introduction of a SaLT early help and support telephone line for parents/carers and education.</p>
<p>Reduce barriers that CYP who are neurodiverse experience in relation to school attendance</p>	<p>Roll out the Partnership for Inclusion of Neurodiversity (PINS) in selected York Schools alongside CYC commissioned Neurodiversity in Schools' support.</p> <p>Complete the transformation of Making Sense Together service (Occupational Therapy dept Y&SFT) which includes developing resources to support CYP with sensory processing difficulties.</p> <p>Health inequalities funding towards the joint commissioning of family and school link worker when CYP are experiencing school attendance issues (1 year proof of concept to be evaluated and jointly determined, if possible, to expand and continue joint commissioning).</p>

<p>Consider an improved integrated approach to SEND (special educational needs and disabilities) using a Family Hub approach and coproducing services with children and families</p> <p>Increase support for children and young people with autism with the most complex needs</p>	<p>Senior leaders across York Health and Care Partnership will work collaboratively to review current arrangements and consider joint commissioning possibilities to support CYP who have SEND using Childrens and Families Act and SEND Code of Practice to inform decisions.</p> <p>Autism Service Development Funding to pilot a family support worker based at the Beehive to work alongside the psychology- led FIRST: Family Intensive Rapid Intervention Service with the aim of improving participation at school and in community settings.</p>
<p>An ICS approach to ensuring CYP have the best start in life and enable everyone to be safe, grow and learn as outlined in the HNY ICB Strategy.</p>	<p>Continue to build on the newly established ICB CYP Integrated Start Well Board, developing an operation model which clearly defines strategies across the ICB footprint with those which are best delivered at Place. A clear governance and meeting structure will be developed.</p>

What will this mean for our population over the next five years?

- We are making progress towards becoming a health generating city focused on prevention where children, young people and their families are supported, care is seamless and early intervention is prioritised.
- Children and young people are at the heart of our city life, where good health and wellbeing is priorities from birth.
- CYC Schools will be AFS accredited and CYP in York with diagnosis of asthma will have a Personalised Asthma Action Plan
- CYP will be supported throughout their developmental stages to develop SLC skills with a workforce that is skilled and trained in early intervention and assessment thus reducing need for individual specialist intervention.
- Parents/carers/education staff have timely access to specialist SaLT advice.
- CYP who are neurodiverse feel supported in education settings to thrive and achieve their desired outcomes and parents report that they are confident in schools/settings managing their child's needs.
- Increase in school attendance for CYP who are neurodiverse or experience anxiety in attending school.
- Education staff and parents/carers have training and resources to use to support CYP to improve school attendance.